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\$15 per person per session.

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## How to Raise a Responsible Child

### Parent & Co-Parent Education Program

1. REMEMBER WHAT IS THE MAIN THING TO TEACH YOUR CHILD.
2. LEARN REASONABLE EXPECTATIONS FOR CHILDREN OF DIFFERENT AGES.
3. WHY "BECAUSE I SAID SO" WORKS LEAST THE OLDER THE CHILD BECOMES.
4. TRAINING CHILDREN AND ADOLESCENTS TO DEAL WITH THEIR CHOICES.
5. LEARN WHAT TO DO WHEN PARENTS WORRY ABOUT WHAT THEIR CHILDREN CHOOSE.
6. HOW TO KNOW WHEN A PARENT'S JOB IS DONE.

#### Session 1: Understanding Behavior and Misbehavior

- How did he get that way? Heredity, environment and self-concept.
- Basic assumptions for understanding behavior.

#### Session 2: Mistaken Concepts of Adults and Children

- The mistaken belief in the "good" mother.
- What the child needs the parent to be and to do.
- Is change possible for either parent or child?

#### Sessions 3 & 4: Encouragement

- Teaching responsibility and respect for order.
- Choices and consequences – how the world really works.

- What is reasonable to expect of children at different ages.
- Using perseverance and recovery from disappointment

#### Session 5: Understanding your Child as a Sometimes "Con" Artist.

- Excuses and bellybuttons: Everyone's got one.
- "The dog ate my computer." Parent and Teacher Relationships
- Training takes time and practice.

#### Session 6: Special Situations

- After divorce: Getting mom and dad on the same page.
- After divorce When one parent refuses to cooperate.
- What's a parent to do if drugs and alcohol are involved?